



## JUDAISM VALUES: Practicing Sustainable Agriculture

Sustainable agriculture means using practices to grow food that protect the environment, human health and farm workers.

### Did you know?

- 99% of apple samples tested positive for at least one pesticide residue.
- The average American meal travels 1,500 miles to reach your plate.
- 1/3 of all human-caused greenhouse gas emissions are from our food system when food is grown, processed, transported, stored and disposed of.

Being mindful about how the food you eat grows is an important Jewish value.

“The land belongs to Me [God], for you are strangers and [temporary] residents with Me.”

—(Leviticus 25:23)



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# How can you help promote sustainable agriculture?



**1. Dig in!** Volunteer at, or buy food from, a Community Supported Agriculture (CSA) program within your local community. If a nearby CSA does not exist, start your own and encourage friends, family and your local Jewish community to get involved.

**2. Buy food from your local farms.** Check out one of the many farmers' markets that are nearby.

**3. Ask questions!**

- How can low-income families afford to buy organic foods?
- Should we be concerned about the loss of farmland in the U.S.?
- Is it more important to buy foods that are grown locally or organically?



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